

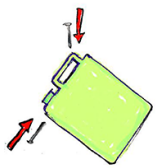
Children's Activity: The Tippy Tap



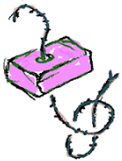
You can install a tippy tap in your back yard. Here's how it works:

You need: a tree, a clean 4 litre jug, some rope, a nail, a stick and a bar of soap.

A tippy tap is a simple device that can be created for people to wash their hands, especially in areas where there is no running water.



Step 1: make a hole in the plastic jug just under the spout with the nail. Using the rope, tie the jug (filled with clean water) to the tree branch.



Step 2: make a hole in the centre of the bar of soap with the nail, thread the rope through it and knot. Tie it to the tree branch.



Step 3: find a stick about 50 cm long. Cut a piece of rope that is $\frac{3}{4}$ of the length between the branch and the ground. Tie one end of the rope around the top of the jug and the other to the end of the stick.



You've built a tippy tap!

Now let's see how it works!

Step on the stick to tip the jug. Hold your hands under the jug to catch the water. Use soap to kill the germs on your hands.

How many taps do you have in your house? Why don't you count them!

In my house, we have _____ taps.

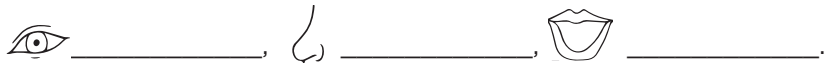
In Nigeria, where Bridget lives, washing hands was not easy. In fact, the children in the community were sick because the germs got on their hands and when they rubbed their eyes or ate food with their fingers, germs would enter their bodies.

Bridget was a part of a team that installed a tippy tap! Now the children in Bridget's community can all wash their hands and keep the germs away!

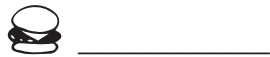
How important is handwashing?

Can you answer these questions and discover just how important it is to wash your hands?

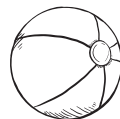
1. Germs get into your body through your



2. Germs from your _____ can get into your



3. Germs from your hands live all over your house. Can you name 5 things that could spread germs from dirty hands?



Washing your hands keeps you healthy!