

Bread around the world...

Children around the world love to eat bread. Some kids eat it with peanut butter and jam. Others eat it with butter. And others use it to scoop up their food!

What do you like to put on your bread?

From French baguettes to Mexican tortillas, there are hundreds of different types of bread!



Try making Chapati, a bread made and enjoyed in many countries around the world.
(ask an adult to help you!)



**2 cups
of flour**



**1 teaspoon
salt**



**1/3 cup
cooking oil**



warm water



Mix flour and salt



Slowly spoon in enough warm water to make a thick dough



Stir in the oil



Dust the counter with flour



Knead dough for 4 minutes



Put into a bowl and let rest for 30 minutes



Divide dough into 10 balls



Roll each ball into a 6 inch circle



Fry on both sides in a hot skillet



Serve with your favourite stew or curry! (or maybe try it with peanut butter and jam!)