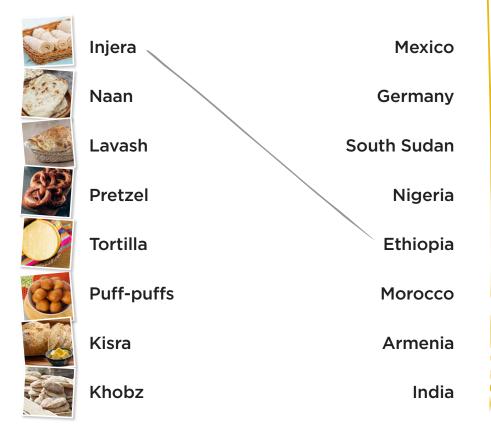
Bread around the world...

Children around the world love to eat bread. Some kids eat it with peanut butter and jam. Others eat it with butter. And others use it to scoop up their food!

What do you like to put on your bread?

From French baguettes to Mexican tortillas, there are hundreds of different types of bread!



Try making Chapati, a bread made and enjoyed in many countries around the world. (ask an adult to help you!)



 \mathcal{O}



salt



warm water

2 cups 1 teaspoon of flour

1/3 cupcooking oil

OIL

- Mix flour and salt
 - Slowly spoon in enough warm water to make a thick dough

Stir in the oil

- Dust the counter with flour
- Knead dough for 4 minutes
- Put into a bowl and let rest for 30 minutes
- Divide dough into 10 balls
- Roll each ball into a 6 inch circle
- Fry on both sides in a hot skillet

Serve with your favourite stew or curry! (or maybe try it with peanut butter and jam!)



