



*“Before I formed you in the womb,
I knew you, and before you were born,
I consecrated you; I appointed
you a prophet to the nations.”*

Jeremiah 1:5



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Masamba

A traditional vegetable dish served in Malawi

How to make it:

- Make peanut powder by grinding roasted peanuts in a blender until fine and powdery
- Put greens in pot and cover with salted boiling water
- Cook over medium heat until soft (add more water if needed)
- When soft, add onions, peanut powder and tomatoes on top of the greens (do not stir)
- Simmer for 15 minutes
- Stir and simmer for another 15 minutes
- Serve with your favourite bread

Insight: Globally there are an estimated 800,000 people trafficked annually, including from African countries, like Malawi, from Bangladesh and India, and even from here in Canada.



- 1 pound greens (kale, spinach, collards, pumpkin leaves)
- 4 Tbsp peanut powder
- ½ tsp salt
- 2 small onions (chopped)
- 4 medium tomatoes (chopped)



“See what kind of love the Father has given to us, that we should be called children of God; and so we are.”

| John 3:1-2



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Women enjoy changing the story and taking part in the community meetings, and being part of the decision making at home and in their community groups.”

- Kohima Daring, World Renew Country Director, Bangladesh/India

Insight: *Teens lured by the promise of high income go willingly with people they think of as friends. They hope for a better life, but are sadly disappointed.*

Today, in the next 30 seconds, a child will be trafficked. One in 7 girls will be married by the time they are 15 years old. Over 600 million women live in regions of the world where domestic violence is not a crime.

World Renew works worldwide, helping to bring justice where there is inequity. World Renew, along with key partners, helps train children and their parents on the dangers of child trafficking and what to look out for. But more than that, we work with government officials to help break the networks, bringing traffickers to justice.

One of the most effective ways of teaching is to hold events that include singing, art, games, drama, and teaching young people the warning signs of danger. We are committed to bringing justice to regions where injustice prevails.



“...what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God.”

Micah 6:8



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Insight: *Living in extreme poverty, sometimes women sacrifice their own bodies to earn enough to survive. Feeling trapped by poverty and a lack of opportunity, these women and girls often struggle to find a better life.*



Meet Christina...

For Christina, like too many girls in her community in Malawi, earning extra income as a sex worker meant being able to feed her family. She did not think she had any other option.

But when she started going to the Lunzu Girls Group, led by Word Alive, one of World Renew's partners, she learned so much. She learned correct sexual reproductive health information. She shared her challenges and listened to the challenges of other girls in her community.

When she heard a local nurse talk about her role in the community, Christina set her sights a lot higher. With the support of the girls' group and World Renew, Christina is on her way to becoming a nurse: a profession that gives her hope for the future!