

## FASTFORWARD

## SAMPLE SCHEDULE

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12:30 ENJOY YOUR LAST LUNCH(@ PERSONAL HOMES/SCHOOL)
1:00 BEGIN FAST. HAVE STUDENTS KICK OFF THEIR FAST ON
THEIR OWN OR START TOGETHER!
4:00 GROUP EVENT - ARRIVAL, REGISTRATION, SETTLE IN, ETC
4:30 WELCOME & ORIENTATION
5:00 ACTIVITY #1
6:30 FREE TIME
7:00 SESSION(COULD INCLUDE:WORSHIP,SMALL GROUPS,
DISCUSSION, BIBLE STUDY)
9:00 ACTIVITY #2
10:30 WIND DOWN - SLEEPOVER OR DEPARTURE
OPTIONAL LATE NIGHT ACTIVITIY (EX. MOVIE)
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9:00 RISE AND SHINE
9:30 SESSION (MORNING REFLECTION \& ENCOURAGEMENT)
10:00 SERVICE PROJECT
12:00 SESSION
1:00 BREAK-FAST \& CELEBRATION

## see resources on

 www.worldrenrew.net/fastforward for activity and session ideas