## Gifts of Vater & Hygiene

Family-Sized Water Filter: Water is essential for life. When people don't have access to clean water nearby, they must walk, gather, and carry water home, one or more times a day, just to survive. Your gift of a family-sized water filter provides safe, clean water at home. Your gift helps families avoid waterborne illnesses, plus, gives them the gift of time together – and better health!

Handwashing Station: Families can tap into good health with a handwashing station. This simple, foot-powered tool encourages handwashing and helps stop the spread of germs and disease. It also includes hygiene training through World Renew and provides a whole community with cleanliness and good health.

10 Bars of Soap: With the gift of 10 bars of soap, a child can wash before school each day throughout the year. Your gift improves their health and keeps them from spreading colds, flu, and other germs at school. This gift provides a child with a year of cleanliness, along with instruction in handwashing and hygiene. Good health is in everyone's hands!

Latrine: Most of the world's people, 4.5 billion, don't have access to a safe, clean, private toilet. When you give a family or community a latrine, you provide building materials and training from World Renew in sanitation and hygiene. Your gift helps prevent the spread of disease and save people's lives. It's a practical and meaningful gift for a whole community!

## **Good Practices for Better Health**

Sreymom and her husband live in Kampot, Cambodia, with their son, 13, and daughter, 5. When World Renew's partner, OREDA, started a Kindergarten Support Group for moms a few years ago, it offered members training in improving their families' health. Before the training, Sreymom often prepared poor-quality meals; as a result, her children were physically weak, struggled in school, and were susceptible to germs and sick often.

The training included handwashing, personal and kitchen hygiene, health and nutrition, and other topics. Sreymom started housecleaning regularly, sorted the waste, and taught her children to wash their hands regularly. She is now focusing on growing crops and raising chickens, and she prepares more nutritious meals.

"My children look more vibrant," Sreymom says, "They have better immunity and are physically strong and clever."



Thank you!

