

# Women of Hope

Sunday

**Equipping women to help  
build healthy communities.**

A woman in Guatemala cooks using ingredients  
grown through sustainable agriculture

# New strength and hope

When Antonia was just 15 years old, she got married. For young women in rural communities in Guatemala, marriage is the only viable option to relieve some of the financial pressure placed on their families and ensure a secure future. But in 2020, Antonia was widowed. She felt heartbroken and hopeless as she tried to provide for her family alone on a farm that just wasn't producing enough.



Families throughout the region are enjoying healthy harvests

The next year, World Renew began to offer agricultural training in Antonia's community, which she saw as a gift from God. Using sustainable techniques, she also began a kitchen garden: a small backyard plot for vegetables like chili, tomatoes, chard, and cilantro to help supply her family's needs. Antonia has become a woman of hope!

"World Renew's work has given me new strength and hope to improve my living conditions and give my children the opportunity to finish their education," Antonia says. She is growing a nutritious variety of vegetables and even sells the surplus to generate extra income. "I am very grateful to God for the people involved in this work that is being developed in my community, for the valuable trainings that are given, for the biblical orientation that they give every time they teach a new subject and their love for what they do."

“ I have not only improved my economic condition ...  
but also my relationship with God.  
- Antonia ”